

## Exploring SNS Activity

1. Find the two options of snacks offered on the 15<sup>th</sup> of this month for middle and high school:
  - a. Menus available for the previous and current month:  
<http://www.sfusd.edu/en/nutrition-school-meals/menus.html>
  
2. Find the application for free meals:
  - a. <https://schoolmealapp.sfusd.edu/Register.aspx>
  
3. Name 3 middle schools that participate in CEP:
  - a. This page lists all the schools who participate in CEP:  
<http://www.sfusd.edu/en/nutrition-school-meals/meal-program-information/community-eligibility-provision.html>
  
4. What is the system used to pre-pay online for meals?
  - a. MyPaymentsPlus
  - b. Answer found here: <http://www.sfusd.edu/en/nutrition-school-meals/meal-program-information/meal-applications.html>
  - c. A few schools no longer use MyPaymentsPlus and are using [www.SchoolCafe.com](http://www.SchoolCafe.com)
    - i. Middle - Aptos, Everett, Lick, Marina, King, Roosevelt
    - ii. High - Balboa, Burton, Galileo, Lincoln, Thurgood Marshall, Washington
  
5. Who is eligible for seamless summer free meals?
  - a. ANY child under the age of 18, served on a first come first serve basis. You do not have to attend the specific school to partake in the meals.
  
6. Download the form to be submitted if there is a request for special meals because of medical condition.
  - a. <http://www.sfusd.edu/en/nutrition-school-meals/menus/special-needs.html>

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7. If someone had diabetes, where would they find the carbohydrate counts for the meal options:
  - a. <http://www.sfusd.edu/en/nutrition-school-meals/menus/special-needs.html>
  - b. Down towards the bottom, you can pull the monthly calendar for meal & grade level that lists all the food/carbohydrate counts.
  
8. What is the regular cost of breakfast and lunch meals?
  - a. \$1.50 for breakfast
  - b. \$3.00 for lunch
  - c. For this information, student will need to go to this page:  
<http://www.sfusd.edu/en/nutrition-school-meals/meal-program-information/meal-prices-and-payment.html>
  
9. When are snacks free for students?
  - a. When a student is enrolled in a after school or instructional program
  - b. <http://www.sfusd.edu/en/nutrition-school-meals/menus/special-needs.html>
  - c. For this information, student will need to go to this page:  
<http://www.sfusd.edu/en/nutrition-school-meals/meal-program-information/meal-prices-and-payment.html>
  
10. Name two new items that were brought to the menu in 2016?
  - a. Garden Ranch Salad with Chicken, Baked Mac & Cheese with Sausage Lunch Combo, BBQ Zing Chicken Sandwich, Chicken Enchiladas Verdes, Chicken Teriyaki Noodle, Spinach Salad and Garden Chef's Salad
  - b. New Items found here: <http://www.sfusd.edu/en/nutrition-school-meals/whats-new.html>