

## PART 2: ACCOUNTABILITY & SUPPORT THROUGH NUTRITION COACHING

### Complete The Self-Assessment

	Yes	No
Do you have a consistent message about nutrition in your studio?	<input type="checkbox"/>	<input type="checkbox"/>
Is your entire staff on board with your nutrition philosophy?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have a way to manage all of your clients?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have someone to help you run a nutrition program?	<input type="checkbox"/>	<input type="checkbox"/>
Are you aware of the laws regarding nutrition in your state?	<input type="checkbox"/>	<input type="checkbox"/>

### 3 STEPS TO ADDING ACCOUNTABILITY & SUPPORT THROUGH NUTRITION COACHING

Step	Notes	Action Steps
1		
2		
3		

### One Actionable Step to Provide Support Through Nutrition Coaching

--

**FREE HELP: INDIVIDUAL MEETING TEMPLATES [\(ACCESS HERE\)](#)**

## **3 STEPS TO GET STARTED:**

- 1** BOOK A FREE CALL
- 2** COMPLETE TRAINING PROCESS IN AS LITTLE AS TWO WEEKS
- 3** LAUNCH YOUR PROGRAM & HELP YOUR CLIENTS TAKE CONTROL OF THEIR HEALTH

**[BOOK A FREE CALL](#)**

## **OUR HAPPY CLIENTS....**

Thank you guys so much for all the ways you are supporting everyone. We have transitioned our gym to online with no loss of membership & even had two people sign up for memberships or our challenge. We could not have been as confident in leading without our mentors!! Thank you for all the hard work and dedication to us as your HSN crew!

- Megan Davis, Fitness Business Owner

I just want to say thank you to you and your team. Out of all the resources I've been reading, what you've been doing is the most creative and helpful. While many of us will be cutting our overhead, I know HSN Mentoring will be the last thing to go. Thank you from the bottom of my heart.

- Holly Myles, Fitness Business Owner